TOASTIES

Served on two sourdough toasts

Guac ON — 5.50 JOD (V)
Home-made guacamole topped with sunflower seeds & sumac

Fet-a-beets — 5.50 JOD (VG)
House special beetroot feta paste topped with pumpkin seeds

PB Buffet — 5.50 JOD (VG)
Home-made peanut butter topped with strawberry banana, chia seeds & raw honey

Labaneh Hearts Pesto — 5.50 JOD (VG)
Labaneh spread topped with homemade pesto & pomegranate

CHOPPED SALADS

BOWL IT OR WRAP IT (0.5 JOD extra for the wrap)

Hearty Halloumi — 6.15 JOD (VG) (GF)
Halloumi cheese, cherry tomatoes, grapes, lettuce, rocca cucumber, olives, sesame seeds, pomegranate
mint dressing

Up-beet — 6.65 JOD (VG) (GF)
Shaved beetroot, quinoa, carrot, spinach, lettuce, rocca, orange pieces, feta cheese, goji berries
citrus dressing

The Harvest — 6.15 JOD (VG)
Pasta, broccoli, spinach, red onion, artichokes, feta cheese dried cranberries
tapenade vinaigrette

Chicken Trippin' — 7.35 JOD (GF)
Chicken breast, avocado, quinoa, spinach, lettuce, rocca, cucumber cherry tomatoes, broccoli, olives, sesame
zesty coriander dressing

Ms. Avoca Shrimps V.02 — 8.55 JOD (GF)
Shrimps, avocado, lettuce, spinach, rocca, carrot, zucchini broccoli, cherry tomatoes, lemon pieces, parmesan crisps
ginger chia dressing

Salmon Says V.02 — 8.90 JOD (GF)
Smoked salmon, avocado, spinach, lettuce, rocca, potatoes red onion, artichokes, capers, pumkin seeds
citrus pesto dressing

ADD EXTRA PROTEIN

Chicken	2.00 JOD
Shrimp	2.50 JOD
Smoked Salmon	3.00 JOD
Egg	0.70 JOD

(VG) Vegetarian (V) Vegan (GF) Gluten free

JUICES

Green Glory — 4.50 JOD
Cucumber, parsley, apple, lemon

Bitter Sweet — 4.50 JOD
Grapefruit, apple, ginger

Redish — 4.50 JOD
Pomegranate, pineapple, strawberry

Dark Lemonade — 4.50 JOD
Activated charcoal, apple, lemon, ginger

Looking Pine — 4.50 JOD
Pineapple, apple, lemon, chia seed

What-a-melon — 4.50 JOD
Watermelon, strawberry, orange
(SEASONAL)

Sunrise In Cali — 4.50 JOD
Pineapple, grapefruit, orange, carrots, basil ginger

Keepin' it Basic — 4.50 JOD
Carrot, orange, ginger

Orange Juice — 3.00 JOD

SHOTS

Pharma Shot — 1.75 JOD
Ginger, lemon, cayenne pepper

The Booster — 2.25 JOD
Spirulina, apple, coriander, lemon

SMOOTHIE BOWLS

A-SA-YEE! — 4.25 JOD
Açaí, raspberry, blueberry, strawberry & banana blended topped with granola, fresh banana slices & coconut flakes

Saved By The Green — 4.00 JOD
Spirulina, pineapple & banana blended topped with fresh banana slices & coconut flakes

Find Your Passion — 4.00 JOD
Passion fruit, activated charcoal, strawberry & banana blended topped with fresh strawberries & coconut flakes

Sink 'n' Pink — 4.75 JOD
Pink pitaya, mango & banana blended topped with fresh strawberry slices granola & coconut flakes

SMOOTHIES

Vay-Kay — 5.50 JOD
Pink pitaya, passion fruit, strawberry, coconut milk

OG Açaí — 5.50 JOD
Acai, strawberry, banana, coconut milk

Auntie Oxidant — 5.50 JOD
Raspberry, strawberry, almond milk, goji berries, dates

Tropical Dose — 5.50 JOD
Mango, pineapple, passion fruit, raw honey, chia seeds flax seeds, coconut milk

Berry Pine — 5.50 JOD
Blueberry, pineapple, strawberry

ADD PROTEIN SCOOP (1.50 jod extra)

All prices are in JOD and inclusive of applicable sales tax